

## Look How Much Your Peers Are Saving for Retirement

*Where are you in the charts? 401(k) plans put on the pressure*

**W**hat if people in your age and income brackets put an average of 8 percent of their salaries into their 401(k) plans, and the top 10 percent squirreled away 15 percent—and you could see it all on your plan’s website?

And what if you put only 6 percent of your salary away—and, with a click or two, you could boost your contribution?

Would you:

- A. Wonder how much those 15 percenters are making?
- B. Work on your pitch for a raise?
- C. Say “Hurray for them” and keep saving 6 percent?
- D. Bump up your savings rate?

Many employees choose D, as peer comparisons push undersavers to pick up the pace, some large 401(k) plan administrators say.

One big proponent of the approach is Empower Retirement, which administers plans covering 7.5 million employees. (Empower combined the 401(k) businesses of Putnam Investments, Great-West Financial, and J.P. Morgan Retirement Plan Services and administers Bloomberg LP’s own plan.) The tool it uses, How Do I Compare?, launched last year at Putnam—about 350,000 people have access to it today—and Empower is rolling out an enhanced version for all its participants.

With Empower’s tool, retirement savers can compare their contribution rate and balance with the average for people of their gender and their age and income ranges. They can also see how they stack up against the top 10 percent of their peers, which Empower says is the real point of the exercise.

In a sample of 30,000 savers Empower tracked, 5,000 changed their savings rate while using the tool, bumping up their contribution, on average, from a starting point of 7.3 percent of salary to match the top savers’

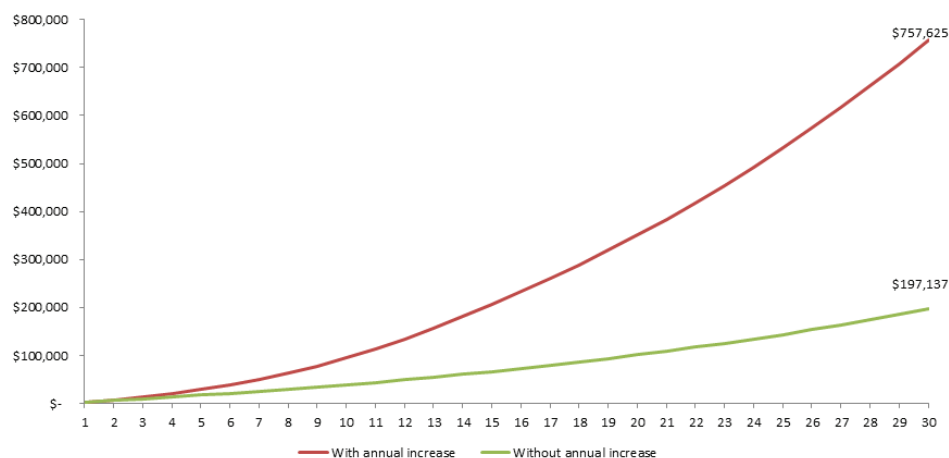


average rate of 9.1 percent, for a 25 percent increase.

One thing’s for sure: Americans don’t save enough for retirement, and saving more can make a big difference to your retirement fund. Look at this scenario, which uses numbers from Vanguard to show the impact of increas-

ing 401(k) contributions by 1 percentage point annually over 30 years. It’s based on deferring 3 percent of a \$100,000 salary<sup>1</sup>.

And what’s good for the goose is good for everybody. The employee saves more for retirement. The employer does right by its workers. The plan provider serves its client



## How does your retirement savings progress stack up?

Instantly see the average contribution rate and account balance for investors the same age as you.

well—and gains financially on any added savings the employee invests in its own products.

There's a danger to inviting such comparisons, says Rob Austin, director of retirement research at Aon Hewitt, which doesn't use a peer comparison tool. "If you're in the upper half of the peer comparison, you may say, 'Hey, I'm doing better than most,' and be a little more lax," he says, though you still may not be near an optimal savings level.

Vanguard doesn't have such a tool, either, though it may create one, says spokeswoman Emily White. You need to be very careful with peer messaging, says Rebecca Katz, Vanguard's head of participant strategy and development. One of her researchers knows of a plan in which the average savings rate was 6 percent; after a message went out noting that average, some higher savers cut their rate, she says. Empower said it hasn't seen signs of this.

Participants in 401(k) plans managed by Fidelity can compare themselves with typical Fidelity account holders by age, Zip code, state, or region, and with other age groups. A study Fidelity did of people who used the tool's app on their mobile device showed they were 17 percent likelier to raise their contribution than those who didn't use the tool. Here's what Fidelity's NetBenefits tool looks like on a desktop (its plan participants can also use the NetBenefits app, and Empower has an app as well).

On a slow summer Friday, it can also be entertaining. Look here: People between ages 40 and 49 who live in 90210 typically have a savings rate of 11 percent and an average balance of \$111,700. In the White House's Zip code, it's 9 percent and \$112,000.

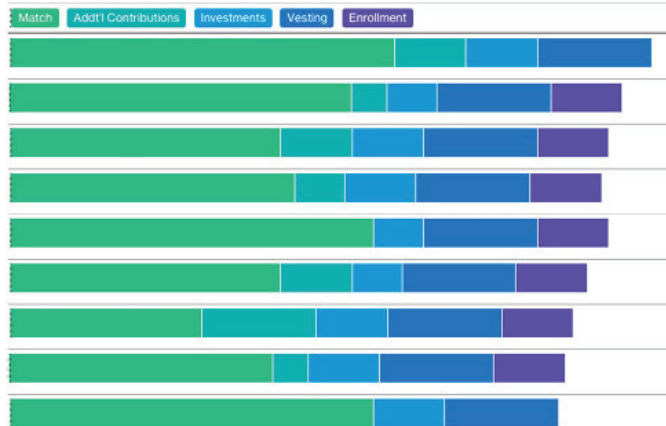
Out in Palo Alto, Calif., it's 15 percent and \$156,700. Good fun.

For a broader picture, this Bloomberg Business interactive graphic, which lets you compare your 401(k) with top-ranked plans, is pretty entertaining (and illuminating), too.

Peer-themed e-mails that Vanguard sent in tests done in 2013 and 2014 spurred some savers between ages 30 and 50 who put less than 8 percent of their salary in a 401(k) to increase savings. Some 5.4 percent of those getting the message raised their savings rate, compared with a control group's 4.7 percent. Response from people under 30 was smaller; the 50-plus crowd didn't respond.

Peer comparisons are one of many ways plans try to spark saving. Others include e-mail nudges, such as this message in emojis<sup>2</sup> that Vanguard sent to younger workers, and online calculators showing what your current savings

## How good (or bad) is your 401(k)? Compare your plan to the best in business.



## Money: friend or foe?



Money can be really sweet when it's rolling in. But when it runs out, it can turn on you like a jilted ex. Lesson? If you treat your money well, it will treat you well.

Save more today

Try to spend as little as you can so you can save as much as possible. And if you get a match from your employer's retirement plan, take it. It's free money!

So go ahead. Rekindle that beautiful relationship with your money. ❤️

could produce in retirement income.

"Some people wouldn't be motivated by social comparison, and for others it drives everything they do," says Edmund Murphy, Empower's president. "The ultimate goal is to get people to the point where, in retirement, they can replace the income they made while working."

<sup>1</sup>The chart assumes a 1 percent annual raise and a 4 percent average annual rate of return, both adjusted for inflation and caps deferrals at 15 percent of salary.

<sup>2</sup>That had the highest open rate of any e-mail we've ever sent," says Katz. In the first 48 hours, it had an open rate of 37 percent. The norm for the financial service industry is an open rate in the mid-20s, according to Katz. The results on whether the e-mail spurred younger savers actually to increase their 401(k) contributions aren't in yet.

By Suzanne Woolley

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